

**OSSEO CITY COUNCIL  
REGULAR MEETING MINUTES  
February 10, 2020**

1. CALL TO ORDER

Mayor Duane Poppe called the regular meeting of the Osseo City Council to order at 7:07 p.m. on Monday, February 10, 2020.

2. ROLL CALL

Members present: Councilmembers Harold E. Johnson, Mark Schulz, Larry Stelmach, and Mayor Duane Poppe.

Members absent: Councilmember Juliana Hultstrom.

Staff present: City Administrator Riley Grams, Police Chief Shane Mikkelsen, City Planner Nancy Abts, and City Attorney Mary Tietjen.

Others present: Krista Newman, Carol Castle, Preston Kroska, Kenny Nelson, James Kelly, Jason Hegerle, and Dori Trossen.

3. PLEDGE OF ALLEGIANCE

Poppe led the Pledge of Allegiance.

4. APPROVAL OF AGENDA [Additions - Deletions]

Poppe asked for additions or deletions to the Agenda.

**A motion was made by Stelmach, seconded by Schulz, to accept the Agenda as presented. The motion carried 4-0.**

5. CONSENT AGENDA

- A. Approve City Council Work Session Minutes of January 27
- B. Approve City Council Meeting Minutes of January 27
- C. Receive January Permit Report
- D. Receive Planning Commission Minutes
- E. Receive Park and Recreation Committee Minutes

Schulz requested a change to the January 27 work session minutes in Paragraph 12 stating he did not support restrictive language.

**A motion was made by Schulz, seconded by Johnson, to approve the Consent Agenda as amended. The motion carried 4-0.**

6. MATTERS FROM THE FLOOR

James Kelly, 624 3<sup>rd</sup> Avenue NE, spoke to the Council regarding Item 5B – the City Council Meeting Minutes of January 27. He stated he was challenging the City Attorney's report that no federal laws were violated through the appointment of a resident to the watershed commission. He commented he had a petition for the City Council to consider. He presented the Council with evidence as to why the City Attorney was not correct.

Preston Kroska, 601 2<sup>nd</sup> Avenue NE, reported he did not have a chance to apply for the watershed district position. He noted the process for appointing this position was different than all other Commission positions. He then welcomed Councilmember Johnson back.

Kenny Nelson, 509 3<sup>rd</sup> Avenue NE, indicated he was glad to see Harold Johnson back. He explained in 2016 the Council approved a private citizen to serve as an alternate on the watershed board. He stated last week he spoke to a cousin about a speech being ripped in half. At the end of this conversation he agreed people were dug in on issues and could not talk anymore. He feared the country, state, and perhaps even the City was divided on matters that it should not be. He stated he would continue to bring up the street project until the contracts were signed. He discussed the comments that have been made by the Council and other community members regarding the 2020 street project. He indicated he did not believe people should feel they need to leave the community if they disagree with the City Council. He shared an email he sent to the Council in 2017 stating he was proud he lived in the City of Osseo. He stated he appreciated how safe, friendly, and walkable this community was. He commented "e pluribus unum" means out of many, one, which was the motto of the United States until the 1950s. It was his hope that all residents and Councilmembers felt they could talk to one another and agree to disagree without taking things personally. It was his hope the City could focus on moving Osseo forward.

7. SPECIAL BUSINESS

A. WRESTLING FOR LIFE PRESENTATION TO OSSEO EMERGENCY RESPONDERS

City Administrator Riley Grams stated Minnesota Wrestling Hall of Fame's (MWHOF) 'Wrestling for Life' program raises awareness about the high rates of suicide among emergency responders and distributes "Life Coins" to emergency responders. These coins have a hotline number imprinted on them that responders can call at any time to reach out for help.

Carol Castle, the Founder and Director of the Minnesota Wrestling Hall of Fame, stated she would like to present the members of the Osseo Police and Fire Departments each with a Life Coin. She explained her son Maury, who was a firefighter (not in Osseo), committed suicide two years ago. She explained these coins are meant to be carried by first responders and serve as a reminder that if any have thoughts of suicide or other self-inflicted harm, help is just a phone call away. Ms. Castle presented coins to the firefighters and police officers in attendance. A round of applause was offered by all in attendance.

Johnson thanked the Police Department for their dedicated service to the community. He stated he appreciated their efforts after a there was a death in his building last week.

He thanked Ms. Castle for her presentation and for providing each of the officers and firefighters with a Life Coin.

B. ACCEPT DONATION (Resolution)

Grams stated the City has received the following donation:

<u>Donor</u>	<u>Amount/Item</u>	<u>Designated Fund</u>
Northwest Area Jaycees	\$1,250	Music/Movies in the Park

Staff recommended the Council accept the donation.

**A motion was made by Johnson, seconded by Stelmach, to adopt Resolution No. 2020-11 accepting a donation from the Northwest Area Jaycees. The motion carried 4-0.**

8. PUBLIC HEARINGS – None.

9. OLD BUSINESS – None.

10. NEW BUSINESS

A. APPROVE POLICY PHYSICAL AND MENTAL HEALTH PLAN

Police Chief Shane Mikkelson stated the Minnesota Chief of Police Association along with the International Chiefs of Police Association have done some great research on Officer Wellness. The Minnesota Chiefs of Police Association has a Mind, Body, and Soul initiative for Officer Wellness. Chief Mikkelson stated he wanted to institute a similar program in the Osseo Police Department.

Chief Mikkelson explained the Officer Wellness program started to develop with internal discussion in the Police Department and having some training time with known experts in the field. Dr. Paul Nystrom came and spoke to the department about stress, diet, mental, and physical health. The most recent union contract between the City of Osseo and Law Enforcement Labor Service Local #182 includes language where the City will supply gym memberships and the Police Officers will have to attend a meeting with a mental health therapist once a year.

Chief Mikkelson commented the two therapy offices that he received proposals from are Jordan Consulting and Threads of Hope Counseling. Each of these therapy options are near Osseo. Jordan Consulting is in Maple Grove, and Threads of Hope has an office in Brooklyn Park. Jordan Consulting is run by Beth Jordan who is a licensed therapist and a retired police officer. Beth Jordan also comes with POST certified training options on mental health, family issues, PTSD, and stress. There are two other therapists, Lea Atkinson and Kristin Turner, who will be options for the staff to see with Jordan Consulting. The option to continue therapy outside the once a year provided by the City is an option with this group since they take all major insurance.

Threads of Hope Therapy is a group of six different practitioners that is run by Krista Newman. This group has specialties in stress management and PTSD. He recommended the Council approve the Jordan Consulting agreement.

Chief Mikkelson reported he has contacted two local gyms and two therapists. The two gyms are Anytime Fitness and Get It Done Fitness, both in Osseo. Anytime Fitness is a large corporate gym that has locations all over the metro area. It offers a gym that can be accessed at any time along with possible classes in the future. Get It Done Fitness is a local gym that offers a gym space that can also be accessed anytime. Get It Done fitness also has classes for gym members that have different themes. The gym offers classes from 5 a.m. to 9 a.m. and in the evening from 3:30 p.m. to 7:30 p.m.

Schulz stated the City and the police union agreed to start with a one-hour visit with a therapist. He explained he could support the administrator having on-going mental health treatment, as well. He requested further information on how critical incidents would be managed. Chief Mikkelson discussed the services provided by the state Critical Incident Stress Management (CISM) and stated he would like to offer additional services from contracted therapists on officer's own time because the officers would be more familiar with them.

Stelmach asked if Jordan Consulting had a one-hour rate for its therapy sessions. Chief Mikkelson stated this would have to be negotiated.

Stelmach discussed the gym rates and asked if the Get It Done rates could be honed down for individuals. Chief Mikkelson explained he could investigate this further.

Stelmach supported the officers being able to go where they were most comfortable. He believed both gym candidates were great options of the officers. In addition, he did not believe the City should be restrictive with the therapists, but rather both options should be available to the department.

Johnson questioned if the officers were paid to attend the mandatory therapy session. Police Chief Mikkelson reported this was the case.

Johnson stated he supported this recommendation.

Schulz asked if Chief Mikkelson met with benefits people to discuss the deductibles for mental health services. Chief Mikkelson explained for the current insurance the deductibles were not waived until a certain threshold was met. He indicated he could investigate this more in case there were any changes after the 1<sup>st</sup> of the year.

Krista Newman, Threads of Hope, introduced herself to the Council. She stated she understood the value of having a background in police work. She reported she has extensive background in working with trauma which would also benefit police officers. She indicated she would be willing to go through the POST certification process. She explained she was certified in Eye Movement Desensitization and Reprocessing (EMDR) which was valuable in treating PTSD. She stated she had therapists trained in addiction as well. She indicated she liked the idea of the City having options for its officers.

Chief Mikkelson reported Jordan Consulting also offers EMDR services. He discussed how this type of therapy saved his life and helped him deal with the trauma he had endured over the years working as a police officer.

**A motion was made by Johnson, seconded by Stelmach, to approve any combination of Jordan Consulting/Threads of Hope and Get It Done/Anytime Fitness Contracts as presented.**

Stelmach asked that Get It Done Fitness amend their contract to provide Chief Mikkelson with individual pricing and not bulk pricing.

Johnson supported this friendly amendment.

Stelmach stated he was proud of the work the City was doing for its officers physical and mental health.

**The motion carried 3-0-1 (Schulz abstained).**

**B. APPROVE APPOINTMENT TO HERITAGE PRESERVATION COMMISSION  
(Resolution)**

Grams stated citizen appointments are made each year to various boards/commissions/committees. There is currently a vacant seat on the Heritage Preservation Commission, with term ending 12/31/2021.

Stelmach explained he did not have an opportunity to speak with Mr. Killmer but noted he could support the recommendation of staff.

**A motion was made by Johnson, seconded by Stelmach, to adopt Resolution No. 2020-12 appointing James Killmer to the Heritage Preservation Commission. The motion carried 4-0.**

**C. CONSIDER SERVICE PROVIDER AGREEMENT WITH MIND BODY SOUL LLC FOR  
SUMMER DAY CAMP**

City Planner Nancy Abts stated Dori Trossen, owner of Mind Body Soul LLC, proposes offering a summer day camp service in Osseo this summer. She proposes that she offer the service as a contractor with the City, similar to the agreement Osseo has with Revolutionary Sports for sports classes. She proposes to offer day camp programs for students entering grades K-5 (approximate ages 5 through 11). A registration cap of 30 students for the regular weekly camp is proposed, with an option for up to an additional 30 registration slots for field trips on Wednesdays. The program would be hosted at St. Paul's Lutheran Church and Sipe Park.

Johnson asked if Ms. Trossen hosted a similar program last fall. Dori Trossen, owner of Mind Body Soul, reported this was the case as she hosted a before and after school program.

Johnson questioned how Ms. Trossen would be advertising this day camp. Ms. Trossen reported she would be advertising over the coming months prior to summer in order to boost enrollment in her day camp.

Johnson inquired if chaperones would be assisting with the field trips. Ms. Trossen explained she would have two or three chaperones attending all field trips.

**A motion was made by Stelmach, seconded by Johnson, to approve the Service Provider Agreement with Mind Body Soul LLC for a Summer Day Camp as presented.**

Schulz stated he would be supporting the motion and was pleased this day camp would provide another option for children in the community.

**The motion carried 4-0.**

**D. CONSIDER SERVICE PROVIDER AGREEMENT WITH PLAY-WELL TEKNOLOGIES FOR SUMMER DAY CAMP**

Abts stated Play-Well TEKnologies proposes hosting a week-long day camp in Osseo for youth ages 7-12, to be held August 24-28. The program will run from 9 a.m. to 4 p.m. and will be held in the Fire Department Meeting Room in City Hall. According to its website, Play-Well teaches approximately 100,000 students per year in 23 states, using outstanding instructors who teach year-round and make the curriculum their own, so that each program is a uniquely fun experience. Over 20,000 LEGO pieces are provided for each camp. The curriculum is designed by engineers and refined by teachers. Other Minnesota Summer Camp program locations include Bloomington, Eden Prairie, Hopkins, Minnetonka, St. Louis Park, and Wayzata. During the school year, Play-Well also offers programs through Osseo Area Schools Community Education.

Stelmach stated he was pleased the City would have a STEM based option for Osseo children this summer. He was proud of the direction the City was going with its youth programming.

**A motion was made by Stelmach, seconded by Johnson, to approve the Service Provider Agreement with Play-Well TEKnologies for Summer Day Camp as presented. The motion carried 4-0.**

**E. APPROVE 2020 MUSIC AND MOVIES IN THE PARK EVENTS**

Abts stated the Parks & Recreation Committee discussed the music and movie schedules in the Boerboom Park at its February 4 meeting and supported the schedule as presented, with food trucks being added to available dates. The Committee has been coordinating the event series since 2016. She reviewed the proposed concerts and presentations with the Council and recommended approval of the 2020 schedule.

Johnson asked which of the food trucks would be returning from last year. Abts commented the only returning food truck would be GI Joe's. She noted all the other food trucks would be new this year.

**A motion was made by Johnson, seconded by Schulz, to approve the proposed Music and Movies in the Park schedule and authorize the City to enter into agreements with selected performers for a not-to-exceed total cost of \$10,000, and waive Transient Merchant fees for food trucks but require a \$50 refundable deposit. The motion carried 4-0.**

**F. APPROVE 2020 YOUTH SPORTS CLASSES**

Abts stated the City of Osseo has worked with Revolutionary Sports for the past three years to provide recreational programming in Osseo. City staff and RevSports work together to propose a schedule. The City takes registrations in-house and forwards information to RevSports before programs start. RevSports handles all staffing and logistics for the activities. Staff provided a summary of the 2017-2019 schedules, as well as the 2020 proposed schedule and reported the Parks and Recreation Committee recommended approval.

**A motion was made by Schulz, seconded by Johnson, to approve the Extension of Agreement for Services, including the proposed class schedule and fee schedule for reimbursement, and the registration prices, as presented. The motion carried 3-0 (Stelmach was absent for the vote).**

G. CONSIDER 2020 TEEN RECREATION REBATE

Abts stated for 2019 there were rebates issued for 18 Osseo residents between the ages of 9 and 17. Based on Osseo population estimates for the number of eligible youth living in Osseo, the participation rate was around 12%. Of the 18 participants, nine were part of a program at Get it Done Fitness, seven participated at Spark School of Music, and one student participated at each Escalate Dance Studio and Yellow Tree Theater. She commented further on the program requirements and restrictions and requested the Council approve the teen recreation rebate program.

Schulz stated when the program was created last year it was in reaction to the fact the City did not offer any programming for kids ages 9 to 17. He indicated he supported the program going forward as proposed. He questioned if the City should change the age range for the rebate program.

Stelmach asked if the STEM day camp could be included in the rebate program. Abts reported this was the case.

Schulz questioned why the City budgeted \$13,000 for youth sports. Abts explained this was not for the rebate program alone, but rather covered all youth sports programming. She estimated \$2,500 was spent on the rebate program in 2019.

Stelmach stated he could support changing the age range for the rebate program. Abts reported with the new programming options that were approved by the Council this evening, children ages 9 to 12 would have more programming options this summer.

Poppe explained with the new programming options being offered by the City, the rebate program could now be offered to children ages 13 to 17.

**A motion was made by Schulz, seconded by Stelmach, to approve the Recreation Rebate Program for Osseo children ages 13 to 17. The motion carried 3-1 (Johnson opposed).**

H. CONSIDER PARKING RESTRICTIONS ON 1<sup>ST</sup> STREET SE

Grams explained Nate Berg, owner of Scene Clean in Osseo (111 1<sup>st</sup> Street SE), requested that the City consider adding parking restrictions on 1<sup>st</sup> Street SE (between the CR 81 frontage road and 2<sup>nd</sup> Avenue SE). Mr. Berg states that many times vehicles are parked on the south side of 1<sup>st</sup> Street SE for long periods of time, which makes it difficult for his business to park in the eastern most garage with trucks pulling trailers of equipment. Most of those parking on the street are likely employees of Osseo Powersports.

Grams reported restricting the length of time that a vehicle could park on the street would keep that area more open and allow Mr. Berg to maneuver his vehicles and trailers to access his property without fear of property damage. The Osseo Public Safety Advisory Committee (PSAC) discussed this item at its meeting on February 5. After much discussion, the PSAC ultimately recommended the addition of a 2-hour parking restriction on that street (between the CR 81 frontage road and 2<sup>nd</sup> Ave SE) on Monday through Friday and “during normal business hours.” Mr. Berg was not concerned about parking during off hours or on weekends.

Grams commented Osseo Powersports is for sale. Adding parking restrictions there might adversely affect businesses that are considering purchasing that property and moving in. Police Chief Mikkelson noted that the police department wouldn’t have any issues with parking restrictions as stated. If approved, Public Works would have the new signs made and installed.

Stelmach stated the original ask was to limit the parking to 15 minutes. He indicated this would be too restrictive. He appreciated the fact the PSAC settled on 2-hour parking because this was like the parking restrictions that were in place near the school.

Schulz commented parking restrictions can be set between two signs. He did not support limiting the parking on this entire block to two hours. He supported a 2-hour parking limit be set for the area directly in front of Mr. Berg’s property.

Stelmach stated he could support a 2-hour parking restriction from one sign to another versus limiting the entire block.

Johnson discussed the concerns Mr. Berg has had in the past with Osseo Power Sports employees parking in front of his property. He understood these concerns led him to bring the parking restriction request to the City. He stated he supported setting a 2-hour parking limit for the entire block.

**A motion was made by Johnson to approve parking restrictions on 1<sup>st</sup> Street SE as described. The motion failed for lack of a second.**

**A motion was made by Stelmach, seconded by Johnson, to approve 2-hour parking restrictions on 1<sup>st</sup> Street SE Monday through Friday during normal business hours for the curb line directly in front of Nate Berg’s business.**

Johnson asked if the parking restriction would be for 2-hour parking.

Stelmach stated that was his motion.



Schulz commented another option available to the City, to assist in delineating the parking area, would be to paint the curb line. Grams anticipated that parking concerns would not arise again until a new business locates in the Osseo Power Sports building. It was his hope that staff could communicate the parking restrictions with the new owner, prior to any concerns arising.

**The motion carried 4-0.**

I. APPROVE ACCOUNTS PAYABLE

Grams reviewed the Accounts Payable with the Council.

**A motion was made by Johnson, seconded by Schulz, to approve the Accounts Payable as presented. The motion carried 4-0.**

11. ADMINISTRATOR REPORT – None.

12. COUNCIL AND ATTORNEY REPORTS

Abts reported she attended the Ehlers Municipal Finance Seminar last week in Brooklyn Park. She stated development and housing were the key topics of discussion.

Johnson explained he watched the January 27 Council meeting after he got out of the hospital. He indicated the City would not be spending \$600,000 for the old water tower. He noted this was an estimate and the City would be seeking grants for this work. He commented further on the City properly tying into existing resident driveways on the 2017 alley project.

13. ANNOUNCEMENTS

Poppe stated the Presidential Primary would be held on Tuesday, March 3.

Poppe encouraged all Osseo residents to attend the Fireman's Dance on Friday, February 14, at the American Legion from 8 p.m. to midnight.

Poppe reported City Offices would be closed on Monday, February 17, for Presidents' Day.

14. ADJOURNMENT

**A motion was made by Schulz, seconded by Johnson, to adjourn the City Council meeting at 8:46 p.m. The motion carried 4-0.**

Respectfully submitted,

Heidi Guenther  
*Minute Maker Secretarial*