



City of Osseo

2018 Youth Sports Classes

www.DiscoverOsseo.com/Recreation



Sports Classes

Programming provided by Revolutionary Sports

Revolutionary Sports leads fun and instruction-based programs that teach participants how to play sports better. RevSports programs maximize the time that a player spends developing individual skills. Programs are offered over a six week (once a week) class. Each session focuses on a topic that builds on the previous topic. The program starts with an active, skill-based warm-up; transitions into a fun, more challenging game; and ends with an age-appropriate small-sided scrimmage. Focus is on individual player development and helping each player at their own ability level become more confident with the necessary skills of the game. All ability levels are welcome.

Information for all Sports programs

Most programs meet at the Osseo Education Center, 324 6th Ave NE, Osseo, MN. Basketball (only) meets at Sipe Park, 600 2nd Street SE in Osseo.

Road Construction planned for 2018: Portions of 4th Street NE and 6th Avenue NE near the Osseo Education Center will be under construction this summer. The site can be accessed from the north along 6th Avenue NE (including parking lot access) and from the south along 3rd Street NE (walk to fields).

Deadline. Pre-registration and liability waiver are required. Return original form to Osseo City Hall, 415 Central Avenue, Osseo, via fax at 763-425-1111 or nabts@ci.osseo.mn.us at least 14 days before the start of the program.

Priority. Registrations will be accepted on a first-come, first-served basis, and programs may fill up. Registrants will be notified and fees refunded if their registration cannot be accommodated.

Refunds. Refunds and registration changes will be accepted up to 2 weeks (14 days) before the first day of the program. After this point, no registration changes or refund requests can be accommodated.

Rates. Discounted "Resident" rates are subsidized by Youth Recreation funds in the city's budget. These rates are available on a first-come, first-served basis for Osseo, Minnesota residents only, as long as funds remain available.

Dress code. Participants should dress appropriately for the activity with close-toed shoes and comfortable, climate-appropriate clothing. All sport-specific supplies will be provided.

Cancellations. In the rare event of weather-related class cancellation, notices will be emailed to parents/guardians who provide an email address. Information will also be posted on Social Media accounts (Discover Osseo on Facebook & @CityofOsseo on Twitter) and on www.DiscoverOsseo.com

Risks. Activities may involve risks, such as bending, twisting, lifting, swinging, and physical contact with others. Bumps, bruises, scrapes, cuts, sprains, fractures, falls, damage to clothing, etc., may result. Not all dangers and hazards can be foreseen. These risks, known or unknown, anticipated or unanticipated, may result in injury, death, illness, disease, or damage to self or property, or to other persons and their property.

Evening Skill-Building Classes

Evening classes are offered at the following instructional levels:

Ages	Programs
TotStars: Ages 2-3, Parent-Child classes	Soccer, T-Ball, Basketball
PreStars: Ages 3-5, Parent-Child Classes	Soccer, T-Ball, Lacrosse, Flag Football, Ninja Warrior
KinderStars: Ages 4-6, Parent-involved classes	Baseball, Basketball
MiniStars: Ages 5-8	Soccer, Ninja Warrior, Flag Football, Lacrosse
MightyStars: Ages 6-9	Basketball
SkillStars: Ages 8-12	Lacrosse, Flag Football

Soccer

Learn the basics of one of the world's most popular sports in an age-appropriate, supportive setting! Classes are offered for children age 2-8 (age overlap between classes allows for self-selection based on development level), with parent support for the youngest students. Join us at the Osseo Education Center, 324 6th Ave NE, Osseo on Monday evenings for these classes. Three seasons will be offered: Summer 1, Summer 2, & Fall.

SEASON: SUMMER 1

JUNE 4, 11, 18, 25; JULY 9, 16 *NO CLASS JULY 2

SEASON: SUMMER 2

JULY 23, 30; AUGUST 6, 13, 20, 27

SEASON: FALL

SEPTEMBER 10, 17, 24; OCTOBER 1, 8, 15

Time	Program / Sport	Age Group
5:30-6:00	Soccer	TotStars (ages 2-3, parent child)
6:00-6:45	Soccer	PreStars (ages 3-5, parent child)
6:45-7:30	Soccer	MiniStars (ages 5-8)
Registration fee: \$28 Resident / \$40 Non-Resident		

Ninja Warrior (Obstacle Course)

Run, jump, swing, and play! A Ninja Warrior class will advance your student's movement, strength and agility skills. Training uses similar obstacle concepts as seen on the show, modified to a playground setting. All ability levels are welcome. Join us at the Osseo Education Center, 324 6th Ave NE, Osseo on Monday evenings for these classes, offered all three sessions: Summer 1, Summer 2, & Fall.

SEASON: SUMMER 1

JUNE 4, 11, 18, 25; JULY 9, 16 *NO CLASS JULY 2

SEASON: SUMMER 2

JULY 23, 30; AUGUST 6, 13, 20, 27

SEASON: FALL

SEPTEMBER 10, 17, 24; OCTOBER 1, 8, 15

Time	Program / Sport	Age Group
6:00-6:45	Ninja Warrior	PreStars (ages 3-5, parent child)
6:45-7:30	Ninja Warrior	MiniStars (ages 5-8)
Registration fee: \$28 Resident / \$40 Non-Resident		

Baseball (T-Ball)

Gear up for America's Pastime with these fun, skill-building classes. Young sluggers ages 2-5 will enjoy parent-child T-Ball classes, while ages 4-6 will play a coach-pitch game with parent involvement. Join us Monday nights in summer for these classes. We'll play on the ball field at the Osseo Education Center, 324 6th Ave NE, Osseo.

SEASON: SUMMER 1

JUNE 4, 11, 18, 25; JULY 9, 16 *NO CLASS JULY 2

SEASON: SUMMER 2

JULY 23, 30; AUGUST 6, 13, 20, 27

Time	Program / Sport	Age Group
5:30-6:00	T-ball	TotStars (ages 2-3, parent child)
6:00-6:45	T-ball	KinderStars (ages 3-5, parent-child)
6:45-7:30	Coach Pitch	KinderStars (ages 4-6, parent involved)
Registration fee: \$28 Resident / \$40 Non-Resident		

Basketball

Dribble, shoot, pass, and learn the fundamentals of basketball with RevSports this Fall. Young hoopsters ages 2-5 will enjoy parent-child classes, while ages 6-9 will independently. (Appropriately-sized basketball hoops are provided.) We'll meet Monday nights this fall on the Basketball Courts at **Sipe Park, 600 2nd Street SE, Osseo.**

SEASON: FALL

SEPTEMBER 10, 17, 24; OCTOBER 1, 8, 15

Time	Program / Sport	Age Group
5:30-6:00	Basketball	TotStars (ages 2-3, parent child)
6:00-6:45	Basketball	KinderStars (ages 3-5, parent-child)
6:45-7:30	Basketball	MighyStars (ages 6-9)
Registration fee: \$28 Resident / \$40 Non-Resident		

Lacrosse

Here's your chance to try a new sport in a fun, low-stress environment. All equipment is provided! The class meets Monday evenings at the Osseo Education Center, 324 6th Ave NE, Osseo. The program is offered in the Summer 1 season.

SEASON: SUMMER 1

JUNE 4, 11, 18, 25; JULY 9, 16 *NO CLASS JULY 2

Time	Program / Sport	Age Group
5:30-6:00	Lacrosse	PreStars (ages 3-5, parent child)
6:00-6:45	Lacrosse	MiniStars (ages 5-8)
6:45-7:30	Lacrosse	SkillStars (ages 8-12)
Registration fee: \$28 Resident / \$40 Non-Resident		

Flag Football

As summer turns to fall, experience the excitement of football in a non-contact format. Learn plays and strategies, and practice the core skills of passing, catching, and, of course, having fun! Play ball on Monday Nights at the Osseo Education Center, 324 6th Ave NE, Osseo. The program is offered in the Summer 2 and Fall seasons.

SEASON: SUMMER 2

JULY 23, 30; AUGUST 6, 13, 20, 27

SEASON: FALL

SEPTEMBER 10, 17, 24; OCTOBER 1, 8, 15

Time	Program / Sport	Age Group
5:30-6:00	Flag Football	PreStars (ages 3-5, parent child)
6:00-6:45	Flag Football	MiniStars (ages 5-8)
6:45-7:30	Flag Football	SkillStars (ages 8-12)
Registration fee: \$28 Resident / \$40 Non-Resident		